

SHEFFIELD HALLAM STUDENTS' UNION

STUDENT GROUPS NEWSLETTER



IN THIS ISSUE

Society Spotlight | page 2

Liberation at Hallam |
page 4

Give it a Go! | page 5

Volunteering | page 7

Committee Corner | page 8

Wellbeing | page 10

Meet the Team | page 11

Think something is missing from this issue? Got an event coming up you want to advertise? Get in touch with the Student Groups team at:
activitiesadmin@shu.ac.uk



WELCOME 2023

Welcome back! Hopefully you had a nice break over Christmas, and you've survived the January blues. We've got loads planned this February and March starting things off with Student Volunteering Week, tons of Give It A Go Events including a trip to Old Trafford and the new Wellness Retreat. To top it all off, elections have rolled around again so make sure to have

campaigned or voted by the end of voting week on March 10th.

Click below for more information and to apply or email studentrights@shu.ac.uk if you would like to know more

https://www.hallamstudentsunion.com/get_involved/volunteering/details/852/

SOCIETY SPOTLIGHT

Society of the month, new Societies and more!



ECONOMICS SOC
SHEFFIELD HALLAM

[For more info and to join click here](#)

S O C I E T Y O F T H E M O N T H

Economics

Economics is a new Society and has hit the ground running, organising football tournaments and Trips including a trip to the London Bank of England. We are really excited to see what they get up to next!

Want to be featured here? Send activitiesadmin@shu.ac.uk a quick line and photo about what you have been up to this month.



NEW SOCIETY: COMPUTER SCIENCE BUSINESS

The society provides opportunities for members to develop skills such as programming, data analysis, and digital marketing, as well as networking with industry professionals.

[For more info and to join click here](#)

GIVE IT A GO!

Check out the full list of activities in the Give it a Go programme here:
events.hallamstudentsunion.com

New Year
New Hobby



GOLFFANG 20/02/23

We're taking over Golf Fang for one night only and you're all invited! Join us for 18 holes of crazy golf, incredible cocktails, and the best hip-hop anthems! The madness starts at 7:30pm and carries on until late. [Sign up here](#)



ICE SKATING 01/03/23

Meet the team outside The HUBS and all travel together via the tram to IceSheffield for their skate session. [Sign up here](#)



TOUR OF MANCHESTER UNITED 05/03/23

We head to Manchester for an exclusive, behind-the-scenes tour of Old Trafford - the home of Manchester United Football Club! [Sign up here](#)



Wellness Retreat

WELLNESS RETREAT

Tickets are available to students at the link below:

<https://events.hallamstudentsunion.com/event/wellness-retreat/79827>

JGive It A Go presents our first ever Wellness Retreat. A whole day dedicated to self-care and wellbeing, perfect for after all your exam, assignment, and deadline stress!

Your ticket includes FIVE workshops!

- Yoga session with Amy Davies,
- Aromatherapy
- Sound Bath
- Life Coaching
- Facemask making (with LUSH!)

PLUS a delicious lunch from Kollektive, stalls with tarot readings and crystals, and the chance to spend time with old mates, make new ones, and learn something new.

When
Saturday 25th
February
10am to 5:30pm

Where
HUBS

STUDENT VOLUNTEERING WEEK IS BACK!

There's something for everyone!

Join Sheffield Hallam Students' Union 13th-19th February to celebrate student volunteering in all forms! You'll have the chance to get involved in some amazing one-off volunteering 'Give it a Go' opportunities, meet some of our partner organisations at our Volunteering Fair, get your hands on some great freebies and prizes, meet our team, and even celebrate with us at one of Sheffield's newest and most exciting venues, Roxy Ballroom.

Are you a volunteer? Would you like to volunteer, but aren't sure where to start? We're the home of volunteering at Hallam, and this Student Volunteering Week we want to celebrate our amazing student volunteers and inspire more students and staff to get involved in volunteering.

There are so many reasons to become a volunteer - from building your CV and gaining new skills, to meeting new people, exploring the city, and helping out in the community.

To find out more,
visit:

[The Student
Volunteering
Week Hub](#)

This Student
Volunteering Week,
we're challenging you
to think about what
you could do to get
involved!

VOLUNTEERING

Check out the full list of activities this volunteering week here:
www.hallamstudentsunion.com/get_involved/volunteering/student-volunteering-week/



VOLUNTEERING FAIR

14/02/23

Looking to get involved in volunteering? Want to learn more about how volunteering could help you to build your CV, gain new skills and meet new people?

[Sign up here](#)



CHARITY SHOP TASTER SESSION 15/02/23

Could you volunteer in one of Age UK's charity shops? Do you enjoy meeting different people and are you looking for a practical role? This could be for you! [Sign up here](#)



PAINT AND POT WORKSHOP 15/02/23

If you're feeling creative, join us for an afternoon of plant pot decoration and planting! You'll have a plant pot of your own design and a choice of flowers to be donated to St Luke's Hospice

[Sign up here](#)

OFFICER ELECTIONS

Applications are now OPEN!

Your chance to become an Officer is officially here and we'll be here with you through every step. If you're wondering what you need to do to apply, see below for guidance:

1. Check out all the **available roles** on our website and pick which one suits you best
2. Read our **Candidate Hub** and **FAQ page** to find out about key dates and support available
3. Complete the **application form** for the role you want apply for (applications close 24th Feb, 2pm)
4. The most exciting bit... start the campaigning process! This takes place during voting week from 6th – 10th March and you can receive support from our team here at the SU

Additionally, during the campaigning process, all Candidates are eligible to apply for a travel bursary through the Inclusion Fund to support in the costs associated with travelling to campus during voting week.

To find out more,
visit:

Students' Union
Elections

The maximum amount you will be eligible for is £20. The maximum amount you will be eligible for is £20. To apply, please follow **this link** and include the below information in your supporting statement:

- Where you will be travelling from (postcode/area) e.g. S7 or Millhouses, Sheffield
- A rough estimate of how much your bus/train tickets will cost
- If you have an accessibility need and require further information, please contact the democracy team at **democracy@shu.ac.uk**

Home BAME students' barriers to joining sports/societies

Our BAME Ambassador Researcher is conducting new research into the barriers home BAME students face when joining societies at Sheffield Hallam University. Interested in taking part or finding out more? Contact us via the Students Rights Team.

**CREATE
CHANGE**

SHEFFIELD
HALLAM
STUDENTS'
UNION

BAME
Ambassador
Scheme

COMMITTEE CORNER

Notices for our society committee members

Society Committee Elections - Workshop

With the elections for your 2023/24 Committees fast approaching, join the Societies team on 16/02/23 for first access to the dates, things you need to know and ideas on how to make the most out of your elections and set your Society up for success next Academic year!

We will be in the Humanities Lounge from 6-7pm for a packed session talking all things Elections so come along!

Sign up here:

[Society Committee](#)

[Elections 2023 -](#)

[Workshop](#)

[Committee Conference](#)

[Refresher Session](#)

Committee Conference Refresher session!

Are you the Committee member of a new Society? Did you miss out on ComCon22? Join us for the ComCon Refresher session!

ComCon is designed to give you as Committee members the up-to-date information you need to get on with doing what you do best - Hosting memorable and impactful activities for your members.

This session will take a look at Trip and Event Planning, your Finances and looking forward to your Elections and Handover at the end of your term in post.

This session is designed for new Society Committee members and those who couldn't attend ComCon22 but if you are a Committee member in a pre-existing Society and feel like this would benefit you - Come along!



Feedback for Societies

We've compiled some feedback from your department reps to give you some top tips on how to improve student engagement, keep your society members happy and help with the overall running of your society!

1. Keep an eye on your inbox! New members may want to contact you via emails or social media to inquire about joining or to ask questions, so ensure a committee member is regularly checking them.
2. Vary the days you meet! A lot of students felt excluded from social events due to having other commitments, so to avoid this think about varying the days you run events, allowing a larger pool of your members to attend- or think about creating a poll to gauge when your members are free!
3. Update your socials! The easiest and quickest way for members, new and old, to be kept in the loop about society events and activities is through social media platforms, but please ensure you post on them; in our feedback it was reported that some society social medias felt 'out of date'. Visuals are important in attracting new members and spreading information. A great example is the SHU Yoga Society- check out their beautifully presented Instagram!
<https://www.instagram.com/shuyogasociety/>

Want to keep up to date with the latest opportunities for your Society, find a collaboration or advertise your upcoming events to other Societies? Check out the [Society Committee Members Network 2022/23](#) on Facebook!

You will be asked to state which Society you are a Committee member of and what position you hold so we can make sure this is a place exclusively for our Society Committee members!

ADDITIONAL TRAINING OPPORTUNITIES

Make sure you check out the Committee Portal for more Committee training opportunities:

[Committee Portal](#)

These sessions can help your Society run smoothly and boost your CV!

Whether you are feeling lonely or need some advice, there is support available!

WELLBEING

Check out the [Whats On](#) page for activities to support your wellbeing.

WELLBEING CONTACT INFORMATION

Need to talk to someone?

UNIVERSITY WELLBEING SERVICES:

<https://www.shu.ac.uk/wellbeing>

URGENT HELP:

<https://www.shu.ac.uk/wellbeing/urgent-help>

THE STUDENT ADVICE CENTRE:

<https://www.hallamstudentsunion.com/advice>

Email: advicecentre@shu.ac.uk

Phone: 0114 225 4148

The SU website provides access to online self help resources for different kinds of advice and wellbeing support.

Check those out here:

[Advice Self Help](#)
[Wellbeing](#)



MEET THE TEAM

Societies sit with the Student Communities and Development Team at Sheffield Hallam Students' Union



LUCY WHEELER

Student Communities and Development Team Leader

She/Her

"Hi! My name is Lucy and I work with all Societies, particularly our High Risk groups"

l.wheeler@shu.ac.uk



TAMMY BOWIE

Student Groups Coordinator

She/Her

"Hi! My name is Tammy and I work closely with our Liberation groups and general activity"

t.bowie@shu.ac.uk



Trinity Davis

Student Groups Coordinator

he/her

"Hello! My name is Trinity and I work with our Social Societies"

Trinity.Davis@shu.ac.uk

Contact the rest of the team at:

activitiesadmin@shu.ac.uk | suevents@shu.ac.uk | volunteering@shu.ac.uk

Student Groups | Events and Give it a Go | Volunteering

